



West Hatch High School

Week One Menu



Week 1 1 st - 4 th Sep 21 st - 25 th Sep 12 th - 16 th Oct	Main	Vegetarian	Meal Deal Option £3.00	Snacks	Pasta Option	Daily	Cold Dessert
MONDAY	Shepherd's Pie With Vegetables	Quorn Shepherd's pie with Vegetables	Main Meal Dessert £3.00	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Homemade Muffins
TUESDAY	Sausage with New Potatoes & Peas	Veg Sausage With New Potatoes & Peas	Main Meal Dessert £3.00	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Jelly Pots
WEDNESDAY	Chicken Curry with Rice Naan Bread Samosa	Veg Curry with Rice Naan Bread Samosa	Main Meal Dessert £3.00	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Homemade Flapjack
THURSDAY	Fish fingers served with Hash Browns	Veg fingers served with Hash browns	Main Meal Dessert £3.00	JP With Fillings	Homemade Pasta Bake	Whole Fruit	Homemade Cornflake Cake
FRIDAY	Bolognaise Pasta Bake served with Garlic Bread	Various	Main Meal Dessert £3.00	JP with Fillings	Various	Whole Fruit Fruit Pots Yoghurts	Various



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Week Two Menu



Week 2 7 th - 11 th Sep 28 th Sep - 2 nd Oct 19 th - 23 rd Oct	Main Course H = Halal Option	Vegetarian	Meal Deal Option £3.00	Pasta Option	Snack	Daily	Cold Dessert
MONDAY	Jumbo Fish Fingers with New Potatoes	Veg Fingers With New Potatoes	Main Meal Dessert £3.00	Homemade Pasta Bake	JP Beans Cheese Tuna	Whole Fruit Fruit Pots Yoghurts	Homemade Rice Crispy Cakes
TUESDAY	Homemade Lasagne With Garlic Bread	Veg Lasagne with Garlic Bread	Main Meal Dessert £3.00	Homemade Pasta Bake	JP Beans Cheese Tuna	Whole Fruit Fruit Pots Yoghurts	Homemade Sponge Tray Bake
WEDNESDAY	Chicken H Burgers	Vegetable Burgers	Main Meal Dessert £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Angel Delight Pots
THURSDAY	BBQ Chicken served with Wedges		Main Meal Dessert £3.00	Homemade Pasta Bake	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Banana Muffins
FRIDAY	Homemade Carbonara Pasta Bake	Homemade Tomato Pasta Bake	Main Meal Dessert £3.00	Various	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Assorted Desserts



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Week Three Menu



Week 3 14 th - 18 th Sep 5 th - 9 th Oct	Main Course H = Halal Option	Vegetarian	Meal Deal Option £3.00	Pasta Option	Snack	Daily	Cold Dessert
MONDAY	Sausage H and Mash	Veg Sausages with Mash	Main Meal Dessert £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Iced Buns
TUESDAY	Sweet N Sour Chicken H with Rice	Vegetable Sweet N Sour with Rice	Main Meal Dessert £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Flapjacks
WEDNESDAY	Chili Con Carne With rice	Vegetable Chili with Rice	Main Meal Dessert £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Shortbread Cookie
THURSDAY	Chicken H Enchiladas	Vegetable Enchiladas	Main Meal Dessert £3.00	Homemade Pasta Bake	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Crispy Cakes
FRIDAY	Homemade Pasta Bakes	Homemade Vegetarian Pasta Bake	Main Meal Dessert £3.00	Various	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Assorted Desserts