



West Hatch High School

Week One Menu



Date Week 1 26 th – 30 th Jan	Main	Vegetarian	Meal Deal Option £3.00	Snacks	Pasta Option	Daily	Cold Dessert
MONDAY	Shepherds Pie With Vegetables	Quorn Shepherds pie with Vegetables	Main Meal Dessert Water £3.00	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Iced Buns
TUESDAY	Sausage with Mash served with Veg or Beans	Veg Sausage With Mash, Veg or Beans	Main Meal Dessert Water £3.00	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Jelly Delight pots
WEDNESDAY	Chicken Curry with Rice Naan Bread Samosa	Veg Curry with Rice Naan Bread Samosa	Main Meal Dessert Water £3.00	JP with Fillings	Homemade Pasta Bake	Whole Fruit Fruit Pots Yoghurts	Cornflake Tray Bake
THURSDAY	Fish fingers served with Hash Browns	Veg fingers served with Hash browns	Main Meal Dessert Water £3.00	JP With Fillings	Homemade Pasta Bake	Whole Fruit	Short Bread Cookies
FRIDAY	Bolognaise Pasta Bake served with Garlic Bread	Various	Main Meal Dessert Water £3.00	JP with Fillings	Various	Whole Fruit Fruit Pots Yoghurts	Various



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Week Two Menu



Date Week 2 2 nd – 6 th Feb	Main Course H = Halal Option	Vegetarian	Meal Deal Option £3.00	Pasta Option	Snack	Daily	Cold Dessert
MONDAY	Jumbo Fish Fingers with Mash	Veg Fingers With Mash	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP Beans Cheese Tuna	Whole Fruit Fruit Pots Yoghurts	Homemade Rice Crispy Cakes
TUESDAY	Homemade Lasagne With Garlic Bread	Veg Lasagne with Garlic Bread	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP Beans Cheese Tuna	Whole Fruit Fruit Pots Yoghurts	Homemade Sponge Tray Bake
WEDNESDAY	Chicken H Burgers	Vegetable Burgers	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Angel Delight Pots
THURSDAY	BBQ Chicken served with Rice		Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Banana Muffins
FRIDAY	Homemade Carbonara Pasta Bake	Homemade Tomato Pasta Bake	Main Meal Dessert Water £3.00	Various	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Assorted Desserts



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Week Three Menu



Date Week Three 9 th – 13 th Feb	Main Course H = Halal Option	Vegetarian	Meal Deal Option £3.00	Pasta Option	Snack	Daily	Cold Dessert
MONDAY	Sausage H and Mash	Veg Sausages with Mash	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Iced Buns
TUESDAY	Sweet N Sour Chicken H with Rice	Vegetable Sweet N Sour with Rice	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Flapjacks
WEDNESDAY	Chili Con Carne With rice	Vegetable Chili with Rice	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP with Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Trifle Pots
THURSDAY	Chicken H Enchiladas	Vegetable Enchiladas	Main Meal Dessert Water £3.00	Homemade Pasta Bake	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Homemade Crispy Cakes
FRIDAY	Homemade Pasta Bakes	Homemade Vegetarian Pasta Bake	Main Meal Dessert Water £3.00	Various	JP With Fillings	Whole Fruit Fruit Pots Yoghurts	Assorted Desserts