



West Hatch High School



Week One Menu

| Date Week One 12 th -16 th Sept 26 th -30 th Sept 10 th -14 th Oct | Main Course | Vegetarian | Meal Deal Option | Snacks | Pasta Option | Other | Cold Dessert |
|--|---|---|--|------------------|---------------------|---------------------------------------|--------------------|
| MONDAY | Shepherd Pie With Vegetables | Quorn Shepherd's Pie with vegetables | Main Meal Dessert Water £2.70 | JP with Fillings | Homemade Pasta Bake | Whole Fruit Fruit Pots Yoghurts | Jelly Pots |
| TUESDAY | Sausage and Mash | Veg / Halal Sausage and Mash | Main Meal Dessert Water £2.70 | JP with Fillings | Homemade Pasta Bake | Whole Fruit Fruit Pots Yoghurts | Jelly Pots |
| WEDNESDAY | Chicken Curry with Rice Naan Bread Samosas | Veg / Halal Veg Curry with Rice Naan Bread Samosas | Main Meal Dessert Water £2.70 | JP with Fillings | Homemade Pasta Bake | Whole Fruit Fruit Pots Yoghurts | Angel Delight Pots |
| THURSDAY | BBQ Chicken Drumsticks & Rice | Veg/Halal Quorn Chicken & Rice | Main Meal Dessert Water £2.70 | JP With Fillings | Homemade Pasta Bake | Whole Fruit | Various |
| FRIDAY | Bolognese Pasta Bake | Various | Main Meal Dessert Water £2.70 | JP with Fillings | Various | Whole Fruit Fruit Pots Yoghurts | Various |



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Week Two Menu

| Date Week Two 19 th -23 rd Sept 3 rd -7 th Oct 17 th -21 st Oct | Main Course | Vegetarian | Meal Deal Option | Pasta Bar | Snack | Other | Cold Dessert |
|---|------------------------------------|--|--|---------------------|------------------|---------------------------------------|--------------------|
| MONDAY | Fish Fingers with Mash | Veg Veg Fingers With Mash | Main Meal Dessert Water £2.70 | Homemade Pasta Bake | JP with Fillings | Whole Fruit Fruit Pots Yoghurts | Jelly Pots |
| TUESDAY | Homemade Lasagne with Garlic Bread | Veg Lasagne With Garlic Bread | Main Meal Dessert Water £2.70 | Homemade Pasta Bake | JP with Fillings | Whole Fruit Fruit Pots Yoghurts | Jelly Pots |
| WEDNESDAY | Chicken Burgers | Veg/Halal Burgers | Main Meal Dessert Water £2.70 | Homemade Pasta Bake | JP with Fillings | Whole Fruit Fruit Pots Yoghurts | Angel Delight Pots |
| THURSDAY | Sausage Casserole & Wedges | Veg / Halal Vegetable Sausage Casserole & Wedges | Main Meal Dessert Water £2.70 | Homemade Pasta Bake | JP With Fillings | Whole Fruit Fruit Pots Yoghurts | Jelly Pots |
| FRIDAY | Chilli Con Carne With Rice | Veg Vegetable Chilli With Rice | Main Meal Dessert Water £2.70 | Various | JP With Fillings | Whole Fruit Fruit Pots Yoghurts | Assorted Desserts |