

**WHERE: SHENFIELD HIGH SCHOOL, i BLOCK CONFERENCE ROOM
ALEXANDER LANE, SHENFIELD, ESSEX CM15 8RY**

WHEN: ONCE A WEEK

TIMES: 7pm -9pm

**WHO: PARENTS OF A YOUNG PERSON WHO IS EXHIBITING
SELF-HARMING BEHAVIOUR**



FAMILIES LEARNING ABOUT SELF HARM



FLASH is a 10 week course for parents and carers where there is, within the family, a young person exhibiting self-harm behaviour and it is having an impact on the family. THIS COURSE IS FREE !!

NEXT COURSE STARTS:

DATE: WEDNESDAY 13th JANUARY 2016

**VENUE: SHENFIELD HIGH SCHOOL, i BLOCK CONFERENCE ROOM
ALEXANDER LANE, SHENFIELD, BRENTWOOD,
CM15 8RY**

TIME: 7PM-9PM

BRENTWOOD EXTENDED SERVICES

**FOR MORE INFORMATION PLEASE CONTACT:
Brentwood Extended Services Team
01277 249226**