



Are you worried or have concerns about your child's health?

Come along to a 'Drop In' Session at Sunrise Children's Centre, where you can meet a member of the Epping Forest School Nurse Team.

We can offer support and advice on the following topics and any other health issues which may be concerning you:

- Day and Night Wetting
- Hearing and Vision
- Weight and Dietary Issues
- Sleep/Behaviour Problems
- General Health Problems
- Or any other health concerns you may have about your child

Time: 15:00 – 16.15

Dates: 14th and 28th September 2016

12th October 2016

9th and 23rd November 2016

7th and 21st December 2016

Venue: Sunrise Children's Centre: Alderton Hall Lane, Loughton. Essex IG10 3HE. Tel: 020 8522 3447

For further information please call: 0208 272 4652